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Gene therapy versus protein-based therapy: a matter of pharmacokinetics ▲

Gene therapy for pro-angiogenic and anti-angiogenic therapy is attractive for several reasons and was covered recently by a review in *Drug Discovery Today* by Liao and colleagues¹. The recent negative publicity around viral gene therapy has cast a shadow on its development which is unfortunate, not only because of the personal impact on specific patients, but also because it has and will for some time, impede a rational and scientific approach to this modality.

Conceptually, there is no essential difference between gene therapy and protein therapy, as it is the goal of gene transfer to stimulate transduced cells to locally produce and secrete the desired proteins. However, the two major claims of gene therapy – local delivery and favorable pharmacokinetics – need further consideration.

The success of local delivery, i.e. obtaining a high ratio of local versus systemic drug levels and presumably a higher therapeutic index, depends on the targeted organ. Heart and blood vessels can be particularly challenging because of their role in the systemic circulation. Despite ten years of research, the maximum efficiency of local delivery

achieved by an intramyocardial injection of fibroblast growth factor 2 (FGF-2) protein, a very 'sticky' angiogenic growth factor, is ~20% of the total dose². While comparable efficacy data is unavailable for virus-based delivery, for these viruses to transduce cells, local binding via ligand–receptor interaction (such as the RGD–integrin system) or to cell surface heparan sulfates, has to take place³. This process, to the best of our knowledge, is not any more efficient than protein binding to the same class of cell surface proteins. It is, therefore, not easy to understand why viral therapy should be more localized or efficient than protein therapy.

Recent experiments with intra-arterial and peri-adventitial delivery of adenovirus showed low local myocardial transfection efficiency that was almost equal to that of the liver⁴. The development of FGF receptor 1 (FGF-R1)-targeted adenoviruses has further emphasized the need for a higher local/systemic transfection ratio. The assumption that this will improve the therapeutic index depends on relative expression of FGF-R1 in the target and other areas likely to generate side effects (tumors, wounds, retina, atherosclerotic plaque), as well as on local and systemic factors that could determine the efficiency of this binding.

The long-term expression of transduced genes, although heavily

dependent on the viral construct, is the major potential advantage over protein therapy. The length of exposure to an angiogenic protein required for its effectiveness has not been established but is widely assumed to be at least a week, a time frame ideally achieved with adenoviral constructs. Slow-release biocompatible polymers have been developed to achieve the same goal for protein therapy. Recent advances in drug-coated stents and injectable biodegradable matrices can make this option even more appealing. In contrast to predictable pharmacokinetics achieved using these protein-based approaches, viral gene therapies carry a high inter-individual variability in gene expression⁵. This variation is explained, in part, by variable quantities of circulating anti-adenoviral antibodies and by other, poorly understood parameters regulating cellular and humoral host immune responses to adenoviruses. The same factors also lead to the uncertain duration of gene expression.

Thus, the differences between gene and protein approaches for therapeutic angiogenesis are primarily of a practical nature and mundane, nonscientific arguments are likely to become decisive in the near-term.

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Novel proteases for drug discovery ▲

I read with great interest the articles published in *Drug Discovery Today* on the impact of the Human Genome Project on drug discovery. As I enjoy working with proteases, I would like to add some additional comments to the recent article in *Drug Discovery Today* by Christopher Southan entitled *A genomic perspective on human proteases as drug targets*¹.

The mapping of the human genome has uncovered many novel proteases for which the physiological role is unclear. One way forward to determine if the proteases are valid targets for drug discovery would be to take partial sequences of the genes that encode such proteases and carry out tissue distribution experiments to determine where they are expressed. This can be done either at the mRNA level using antisense transcripts, or at the protein level by generating antibodies to orphan proteases. Tissues from diseased individuals should also be screened to enable a comparison of the regulation of orphan proteases in normal and diseased states. Once this is done, a target candidate list could be generated and prioritized.

Many orphan proteases exist in the ADAM (a disintegrin and metalloprotease) family². For example, if TNF- α -converting enzyme (TACE)^{3,4} were an orphan protease it would be on a candidate list because levels of the enzyme are upregulated in disease states

such as osteoarthritis and rheumatoid arthritis⁵. In addition, ADAM 10 is an orphan protease that has been postulated to have a role in Alzheimer's disease as it might be an α -secretase for the processing of amyloid precursor protein (APP)⁶, and further evidence for ADAM 10 in Alzheimer's disease is accumulating. For example, mRNA levels of ADAM 10 are found in the brains of Alzheimer's patients and the enzyme processes a peptide substrate for APP at the α cleavage-site⁶.

To uncover the physiological substrates for orphan proteases, substrate mapping using phage display can be performed⁷. This has been done with collagenase 3 (Ref. 8), a protease that has some known physiological substrates such as type II collagen⁹. With this technique, clones are generated that encode for sequences that are processed by the enzyme of interest. Several peptide substrates are generated and specificity constants (k_{cat}/K_m) are determined. A structure–activity relationship (SAR) can be generated and, subsequently, BLAST searches can be performed using predicted substrate sequences for the enzyme. When BLAST searches were performed on the clones from collagenase 3, putative substrates that are reasonable candidates were revealed, such as biglycan and the latency-associated peptide of transforming growth factor- β (TGF- β).

Finally, in addition to substrate mapping to determine the physiological role of an enzyme, knockout experiments either by generating transgenics or using antisense mRNA can be used. A transgenic knockout of TACE has been used to discover a role for this enzyme in the processing of other substrates such as transforming growth factor- α (TGF- α)¹⁰. The knockouts, coupled with direct biochemical experiments such as specific-inhibitor studies and processing of putative substrates, can ultimately be used to validate an orphan protease in a

physiological role, as well as demonstrating its function in a disease state.

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Transgenic gene knockouts: a functional platform for the industry ▲

Steve Harris¹ recently provided a good overview in this journal of the use of